Networking: How to Introduce Yourself

A networking introduction or “elevator pitch” succinctly defines you and your background and interests. It can be used at career fairs, conferences and networking events. The elevator pitch is a short summary given in the time span of an elevator ride (approximately 30 seconds to two minutes). The goal is to introduce yourself, engage your audience and to start a conversation.

An elevator pitch needs to quickly convey important information. Here are some steps to assist in crafting a great pitch:

**Introduce yourself**

There is a lot of flexibility in the introduction. It should include something unique about yourself such as, area of study, degree, internships, experience, research, projects or military service. You can mention possible connections such as individuals in the same department, similar backgrounds and alumni.

**Identify your goal/purpose**

It may help the person you are speaking to point you in the right direction for further assistance. Be succinct. If your goals aren’t clear, they won’t be able to effectively assist you.

**Describe your relevant experience**

Give 1-2 solid examples of your experience that relate directly to that organization or position. As with your introduction, you can discuss major, degree, service or anything else that makes you stand out. You can also briefly discuss research, awards or presentations you’ve given. Don’t repeat anything you mentioned in your introduction.

**Wrap it up**

Pull everything together in a brief but interesting concluding sentence. This will reaffirm what you want and how they can help you.

**Engage with a question**

Be curious. People enjoy sharing their own interests. Ask questions, such as:

- What do you do?
- How did you get involved in this field?
- What do you like or not like about it?
- What advice would you give someone entering this field?

**Follow up**

While still in conversation, explore possible opportunities for continuing the conversation, for example:

- Perhaps we could meet and discuss _____ opportunities in your organization?
- What is the process for applying for internships/jobs at your company?
- For following up, is there a particular person I should contact?
- Can I connect with you on LinkedIn?
- May I have your business card?
- Can I give/send you my resume or business card?

**Practice, practice, practice**

Put it on paper! Write out a script or talking points, then craft your pitch and practice. Use focused terminology that highlights your experience in an area, but make sure not to use industry jargon or acronyms that average people won’t understand. Practice until you can smoothly give your pitch.
Networking: Example Pitch Templates

Here are example templates you can use:

**Template 1**

Hello,

My name is ____________, and I’m a senior completing a bachelor’s degree in ____________ with a minor in ____________ at UC Davis. I’m interested in a career (or internship) in ____________ in the ____________ field. During college I was involved in ____________ and ____________ where I developed skills in ____________. I also interned at ____________ where I discovered that I really enjoy ____________.

I’d love to learn more about opportunities in ____________. Would it be possible to set up a meeting to discuss more about ____________, or could you refer me to the person in charge of recruitment?

Hello,

My name is Alex Aggie, and I’m a junior completing a bachelor’s degree in Managerial Economics with a minor in Communications at UC Davis. I’m interested in an internship in marketing in the retail field. During college, I was involved in the Marketing and Finance club and intramural sports where I developed skills in leadership. I also interned at the state capitol where I discovered that I really enjoy connecting with people on different levels, particularly within social media.

I’d love to learn more about opportunities in Dream-Job Organization. Would it be possible to set up a meeting to discuss more about internship opportunities, or could you refer me to the person in charge of recruitment?

**Template 2**

Hello,

I am Christina College and I am a civil and environmental engineer graduating this June. Last summer, I interned with Build It Construction company. Through this, I learned how to work in a team and apply my academic knowledge in real life situations. I enjoyed this internship and look forward to doing a similar position in my career. Are there any entry level positions or opportunities at your organization?